

The Village Voice



A Newsletter Sharing Our Continuum of Care Story

THE VILLAGES HOLIDAY OPEN HOUSE

**Tuesday, December 16th, 2014
5:30pm - 7:30pm @ The Palms,
The Oaks and Garden Creek**

December is all about warmth, wonder, and wishes-come-true! On Tuesday December 16th, from 5:30 - 7:30 pm, we'll host our annual Holiday Open House.

Please come to our house at 55 Broad Street for a progressively festive evening as The Palms, The Oaks, and Garden Creek welcome one and all for sparkling spirits, sumptuous appetizers, and delectable desserts. Our spectacular holiday decorations, along with the music of the season, will delight young and old alike. It's guaranteed to be a feast for the eyes, ears, and taste buds!

No one dresses up for the holidays like we do, and this year's winter splendor will leave you speechless with delight. We'll supply the warmth and the wonder, and your presence will make all our wishes come true.

December -- Merry and Bright!

The magic of the holiday season is upon us and we are excited about sharing in the celebration with you. From seeing local homes decked out with cheery holiday lights to Santa coming to visit, there is a fun holiday activity for everyone. We, at all The Village campuses, are honored to be spending the holidays with you and want to wish all of our residents and their loved ones a joyful Holiday Season filled with love, happiness, and no coal in your stocking!

Morro Bay's Lighted Boat Parade

Saturday, 6th @ 6:00pm

Morro Bay

Don't miss this annual nautical light show! The Palms and The Oaks are providing shuttle service and warm bus seating for this spectacular event. Hot cocoa and cookies will be on board to enjoy during this wonderful holiday adventure. Seating is limited. Please sign up in the Activity Book.

It's Time to Jingle and Mingle

Thursday, 18th @ 2:00pm

Garden Creek 1st Floor Living Room

"Christmas doesn't come from a store, maybe Christmas perhaps means a little bit more..." Let's celebrate with food, drink, and most importantly, good company! Please join all Garden Creek residents and employees as we celebrate the season together with holiday cheer.

Kindred Spirits

Friday, 19th @ 11:00am

Sydney Creek Activity Room

This popular choir of local senior women come dressed in holiday attire and bring a joyful concert of songs for all to enjoy! Under the direction of Bev Macleod, their voices have touched the lives of many through the years and it is a privilege to have them join us during this special time of year at Sydney Creek.

Retirement Living

The Palms & The Oaks



ASSISTANT DIRECTOR'S NOTE:

Dear Residents,

The winter holidays don't come alive for me until the house is adorned with aromatic pine cone-laden swags; the Advent wreath graces the dining room table; the Christmas tree is covered with favorite family ornaments; and the front door bears a festive homemade wreath. The warm memories of Christmases past are brought to mind as I enjoy the seasonal decorations. Luckily, decking the halls in my small condo doesn't take very much time.

That's not the case for Margarita Perry, assistant administrator at The Oaks who is our chief holiday decorator. The Thanksgiving turkey has barely had a chance to become leftovers, before Margarita goes to work, creating velvety bows and dragging out her well-organized boxes of Yuletide essentials. Every year she has a special vision for each building. Although many embellishments are re-used, Margarita scours the local craft and department stores to refresh the existing decorations and create unique looks at both The Palms and The Oaks.

Margarita is a dynamo when she's at work and will decorate everything in her path—so stay clear, otherwise you may end up with a bow around your neck and an ornament dangling from your ear! Seriously, Margarita works extremely hard to design an elegant, yet homey look. At the end of each decorating day, she may be sweaty and covered with glitter, but the payoff is gorgeous!

Thank you, Margarita, for all you do to make our holidays warm and full of new memories!

Peace, joy, and love to you all,

Jeri O'Neill
Assistant Director

Oh, The Fun We Had This Year!

Residents of The Palms and The Oaks experience a variety of fun things to do. This has been a year filled with lots of excitement, from a brisk boat ride in January to a festive October celebration for a special lady who turned 106! We hope you enjoy this collage of some of our memorable events.



Erika Londos enjoys the scenery on the Morro Bay Harbor Cruise.



Virginia Bayley poses with an antique fire wagon at Fire Station 1.



Queen Dorothy Sylvester gleefully reigns over her 106th birthday party.



These Shoppin' Sisters are satisfied Chico's fans.

December -- Jingle Bell Joy!



It's a busy month!

The 25 Days of Christmas

December 1st - 25th

The Palms and The Oaks

Tis the Season! This December look forward to a daily holiday activity from December 1st to the 25th! In addition to our monthly calendar, the Life Enrichment Department will also be publishing a special 25 Days of Christmas calendar. Don't miss out on the daily holiday festivities!

Annual Holiday Fashion Show & Boutique

Tuesday, 9th @ 10:30am /2:00pm

Garden Creek Living Room/The Palms Living Room

Don't miss out on our annual Christmas Fashion Show with Kelly's Casuals Boutique starting at 10:30am in the Garden Creek Living Room. Let the fashion and shopping continue with the Holiday Boutique, when The Villages brings local businesses to you! The Boutique starts at 2:00pm in The Palms Living Room.

Village Voices Christmas Concert

Friday, 19th @ 2:00pm

Garden Creek Living Room

Hallelujah! Our very own Village Choir is back for the best performance yet! Come and listen to beautiful voices singing songs that will spark your holiday spirit. Due to the popularity of the Village Voices concerts, we will be featuring them at the more spacious venue at Garden Creek.

The Great American Melodrama: Holiday Extravaganza!

Saturday, 20th @ 1:45pm

The Great American Melodrama & Vaudeville, Oceano

Join us for an afternoon treat as we enjoy 3 shows in 1! Yes, the Great American Melodrama is back with the Holiday Extravaganza! The Villages is providing shuttle service to this fun-filled show. Tickets sell fast so be sure to purchase yours by calling (805) 489-2499. For more information, and to sign up, look in the activity sign up book.



Toni and Ragnar Gilberts root for the Cal Poly Mustangs Basketball team.

CELEBRATIONS:

New Residents

Viola Peterson
Fred Cook
Peter Schellin
Tom Harney

Resident Birthdays

Carol Dixon - 8th
Herb Lucas - 11th
Charles Root - 15th
Phyllis Walters - 15th
Tom Harney - 18th
Elsie Ronkainen - 21st
Grover Starr - 23rd
Dottie Teel - 25th
Grace Warren - 31st
Al Green - 31st

Employee Birthdays

Stan Johnson - 4th
Melanie Cole - 12th
Mike Joyce - 14th
Juan Martinez Rodarte - 17th
Teresita Dusek - 19th
Anthony Leon - 19th
Javier Valente Montero - 23rd

Employee Anniversaries

Faith Carlson - 1 year
Clay Poynter - 1 year
Christie Urias - 1 year
Martha Diaz - 2 years
Miriam Tenorio - 2 years
Lee Tedone - 8 years

Assisted Living

Garden Creek



ADMINISTRATOR'S NOTE:

FOR THE CHILD IN ALL OF US...

'Twas the night before Christmas, when all through the house

Not a creature was stirring, not even a mouse;
The stockings were hung by the chimney with care,
In hopes that St. Nicholas soon would be there;
The children were nestled all snug in their beds,
While visions of sugar-plums danced in their heads;
And mamma in her 'kerchief, and I in my cap,
Had just settled down for a long winter's nap,
When out on the lawn there arose such a clatter,
I sprang from the bed to see what was the matter.
Away to the window I flew like a flash,
Tore open the shutters and threw up the sash.
The moon on the breast of the new-fallen snow
Gave the lustre of mid-day to objects below,
When, what to my wondering eyes should appear,
But a miniature sleigh, and eight tiny reindeer,
With a little old driver, so lively and quick,
I knew in a moment it must be St. Nick...

...His eyes -- how they twinkled! his dimples how merry!

His cheeks were like roses, his nose like a cherry!
His droll little mouth was drawn up like a bow,
And the beard of his chin was as white as the snow;
The stump of a pipe he held tight in his teeth,
And the smoke it encircled his head like a wreath;
He had a broad face and a little round belly,
That shook, when he laughed like a bowlful of jelly.
He was chubby and plump, a right jolly old elf,
And I laughed when I saw him, in spite of myself;
A wink of his eye and a twist of his head,
Soon gave me to know I had nothing to dread;
He spoke not a word, but went straight to his work,
And filled all the stockings; then turned with a jerk,
And laying his finger aside of his nose,
And giving a nod, up the chimney he rose;
He sprang to his sleigh, to his team gave a whistle,
And away they all flew like the down of a thistle.
But I heard him exclaim, ere he drove out of sight,
"Happy Christmas to all, and to all a good-night."

Wishing our residents, family, and friends a Merry Christmas!

Sincerely,
Lea Bogoyevac, Executive Director

Resident Spotlight: - Liz Ordos -

"You wouldn't think you could live in the country in New York!" New York is easily observable as one of the busiest and most populated places in America. Although Liz Ordos was born, March 1, 1922, in the second largest borough, Brooklyn, New York, her parents, Anna and Michael Rosch, decided they preferred to the country life. When Liz was four years old they moved to a place in New York county called Ronkonkoma, New York, a place with interesting Native American history and legends.



It was in Ronkonkoma, New York where Liz grew up, graduated high school, and fell in love with her teenage sweetheart, George Watkins. Once WWII began, George went away to serve in the Army and Liz started commuting to work in Bethpage, New York. There she worked in an office at the Grumman Aircraft Engineering Corporation, the leading U.S. producer of military and civilian aircraft in the 20th century.

When George returned from war, he and Liz married when she was 23 years old. Together they made plans for Liz to continue work and for George to receive a college education. "The plan making was the furthest we got!" Liz found out she was pregnant with her first child and their plans quickly changed. Additionally, she and George decided to travel a lot! They lived in many different states in the U.S. and she distinctly remembers her time in Florida. Liz was home alone one day with her newborn baby when a hurricane warning was initiated. "I was on pins and needles, my husband wasn't home, we had no phone service and we lived right on the water!" Thankfully, George got home in the nick of time to get Liz and their baby son, Alfred, to safety. Not all of Liz's travel stories tell of the excitement of escaping danger, but they are all exciting.

After traveling around the U.S., Liz and George decided to settle in Olympia, Washington and after 42 years of marriage, sadly, George passed away due to heart problems. Together they have two sons and a daughter. Liz was widowed for three years until she married Joe Ordos, whom she met at church. Unfortunately, in 2010, Liz's husband and oldest son passed away. Since her daughter Sally was attending Cal Poly in San Luis Obispo she decided to move to The Villages to be closer to her.

Liz lived at The Palms for one year before she moved to Garden Creek in December of 2011. She is happy to have six grandkids and two great-grandkids whom she calls her "pride and joy". Liz says she has no regrets and she has made a lot of friends everywhere she's gone, certainly because Liz is such a cheerful and friendly person herself.

December -- Good Tidings!



Don't Miss These Dates!

Let's Get Physical!

Every Monday @ 9:30am

Activity Room

We are welcoming Kim Vargo this month, a professional fitness trainer who will be leading a fitness class focused on improving balance and coordination. The class is suited for anyone, so whether you are just getting started in the world of senior fitness or consider yourself a pro, come enjoy the fun group atmosphere and stay healthy!

Have Yourself a Merry Little Christmas

Monday, 1st @ 6:30pm

1st Floor Living Room

Back by popular demand! Nick and Sonya Jones will be traveling from Visalia, California to perform an evening Christmas concert. Their friendly spark and cheerful music will surely start off the merry month of December right!

Christmas Lights Tour

Wednesday, 17th @ 6:30pm

Christmas comes once a year and with it all the beautiful homes garnished with some simple and some very extravagant decorations and lights. We are taking a special scenic drive around San Luis Obispo to *ooh and ahh* at the merry and bright lights. Don't forget Christmas caroling along the way!

Holiday Movie Night

Wednesday, 24th @ 6:30pm

1st Floor Living Room

"A Christmas Carol" is a retelling of Charles Dickens' classic novel about a Victorian-era miser, Ebenezer Scrooge, who is taken on a journey by several mysterious Christmas spirits. Come join us for a movie classic that will fill you with hope and holiday cheer!

Goodbye 2014, Happy 2015!

Wednesday, 31st @ 5:30pm

Dining Room

Share bites, party favors and bubbly refreshment as we ring in 2015! Here's to the bright New Year and a fond farewell to the old; here's to the best that's yet to come and the memories that hold.

CELEBRATIONS:

New Residents

Walter "Steve" Stevens
Paula Gurney
Mary Jordan

Resident Birthdays

Lenny Monterrosa - 7th
Connie Robertson - 14th
Thelma Swanson - 15th
Georgia Drake - 20th

Staff Birthdays

Analyn Deliema - 21st
Virginia Vasquez - 23rd
Stephanie Mangrubang - 25th
Jennifer Ignacio - 26th

Staff Anniversaries

Maria Miranda - 13 years
Manuel Banuelos - 10 years
Michael Garner - 1 year
Angela Ojeda - 1 year
Stacey Schultz - 1 year
Rachael Wahl - 1 year



Dressed in costumes and ready for the Halloween party!

Memory Care

Sydney Creek



ADMINISTRATOR'S NOTE:

Dearest Family & Friends,

The Holiday Season is upon us! This time of year is filled with traditions, family gatherings, and memories of times past. At Sydney Creek, we recognize that all of these elements of this Season can also be challenging and sometimes painful; when memories are forgotten, or family members are not recognized and traditions change. Many families are adjusting to coping in new ways. Please know that we are here to offer support, help create space and time for family gatherings, and allow opportunities for you to share some of your traditions with us! There are various places throughout our community to have special celebrations! Give us a call and share your ideas or plans and let us help make them happen! Cookies can be baked in our neighborhoods, ornaments or cards can be worked on in the Main Activity Room! Please let us know how we can help.

We, as your community, want you to know that this is your home also. We are honored to be sharing in this special Season, in whatever way you and your family celebrate. It is truly about FAMILY and sharing time together. Come spend time with us!

Happy Holidays!

Warmest regards,
Julie Trisco, Administrator

Resident Spotlight

- Betty Foott -

By Cary Monroe, Daughter and Scott Foott, Son.

Betty was born on January 19, 1928, in Tacoma, Washington. She had two older brothers, Bill and Richard Flett.

One of Betty's favorite childhood memories is going to visit her grandmother's dairy farm. It was an old homestead from the 1800's, and Betty enjoyed feeding the animals and being out in the country.

After graduation from high school, Betty worked for the Navy in Tacoma and then transferred to Treasure Island - San Francisco. Her grand plan was to get to Hawaii, but as fate would have it, she roomed at a house owned by John Foott's Aunt Paul. Ms. Pauline seems to have introduced the two, and the persistent John eventually convinced her to say "I do" in 1950. The couple started in Sacramento and later moved to Visalia where Betty worked for the Internal Revenue Service until her first child Cary was born. It was in Visalia that Betty decided that driving was better than walking and so took their first car on a "back alley" journey to the grocery store. John quickly agreed to give driving lessons so Betty could obtain her driver's license.

Betty was married to John H. (Jack) Foott for over 60 years and had two children, Cary and Scott. Cary lives in San Diego and is a consultant performing research and development work in the cosmetic industry. Scott lives in Redding, California and works for the U.S. Fish and Wildlife Service. Both children graduated from Cal Poly, and Scott went on to obtain his doctorate degree. Betty has four grandchildren, two girls from Cary, Heather, and Stephanie, and two boys from Scott, Kyle, and Alex. All are doing well in their chosen fields.

After several work sabbaticals in the Okanagan region during the 1960s, Betty and Jack spent many summers traveling to and vacationing at Okanagan Lake in British Columbia, Canada. It was there that Betty caught the antique bug and became an ardent collector of English china and furniture. On the way up north, they would be sure to stop in one of their other favorite places, California's Gold Rush Country. They spent many a wedding anniversary with dinner at their favorite out-of-the-way restaurant discovered on one of their earlier trips.

Betty's absolute favorite activity is collecting antiques. She has an amazing collection of dishes, cups and saucers, egg cup holders, toothpick holders, vases, furniture, and much more. All were acquired during her travels with Jack, and, of course, locally along the Central Coast towns.

Currently Betty enjoys visits from family and friends, drives along the Central Coast, going out to lunch, and the occasional wine-tasting venture!



December -- Full of Cheer!



Mark Your Calendar!

Santa Claus is Comin' to Town

Wednesday, 17th @ 3:00pm

Activity Room

Yes, it's true! The man in the red and white suit will find his way to Sydney Creek with many, "Ho-Ho-Ho's" and "Ha-Ha-Ha's"! This merry Santa will bring greetings of cheer and a Merry Christmas to all!

Holiday Songs Around the Fireplace

Wednesday, 10th @ 2:00pm

Activity Room

Familiar carols and songs of the season reminding us of "the good old days" will be enjoyed as we gather together with Judy Eisenhard, a favorite pianist whose smile and talents bring tidings of great joy!

Santa's Workshop

Every Tuesday @ 2:00pm

Activity Room

Crafts and creations, from stockings to pinecones, trees and ornaments, you won't want to miss these times of fun! Our Life Enrichment "elves" will be hard at work as they create festive holiday crafts together with our residents for all to enjoy!

Sydney Creek Support Group

Wednesday, 3rd @ 5:30pm

Resource Room

You are not alone -- join us. The support group is an open forum for Sydney Creek families to share their thoughts with their peers. Come to share; come to listen.



A visit from one of our favorite dogs, Kramer, is always a highlight for Sydney Creek residents!

NOTABLES:

New Residents

Helene Montgomery

Douglas Hitchen

Jeanne Jenkins

Staff Birthdays

Silvia Alcantar - 23rd

Staff Birthdays

Adolfo Benitez - 2 years

In Memory Of

Julie Ling

Erna Burton

Richard Conroy

The Villages of San Luis Obispo
55 Broad Street
San Luis Obispo, CA 93405

The Villages of San Luis Obispo



Retirement Living

55 Broad Street
San Luis Obispo, CA 93405

The Palms: 805.543.2300

The Oaks: 805.543.2342

For More Information:

Jane Lefebre —805.543.2300
jane@villagesofslo.com

Assisted Living

73 Broad Street
San Luis Obispo, CA 93405

Administrator: Lea Bogoyevac

License #: 405800467

Garden Creek: 805.543.2311

For More Information:

Jane Lefebre —805.543.2300
jane@villagesofslo.com

Memory Care

1234 Laurel Lane
San Luis Obispo, CA 93401

Administrator: Lisa Hulse

License #: 405800577

Sydney Creek: 805.543.2350

For More Information:

Lisa Hulse —805.543.2350
lisa@villagesofslo.com

www.villagesofslo.com / www.sydneycreek.com
